



Combination Play

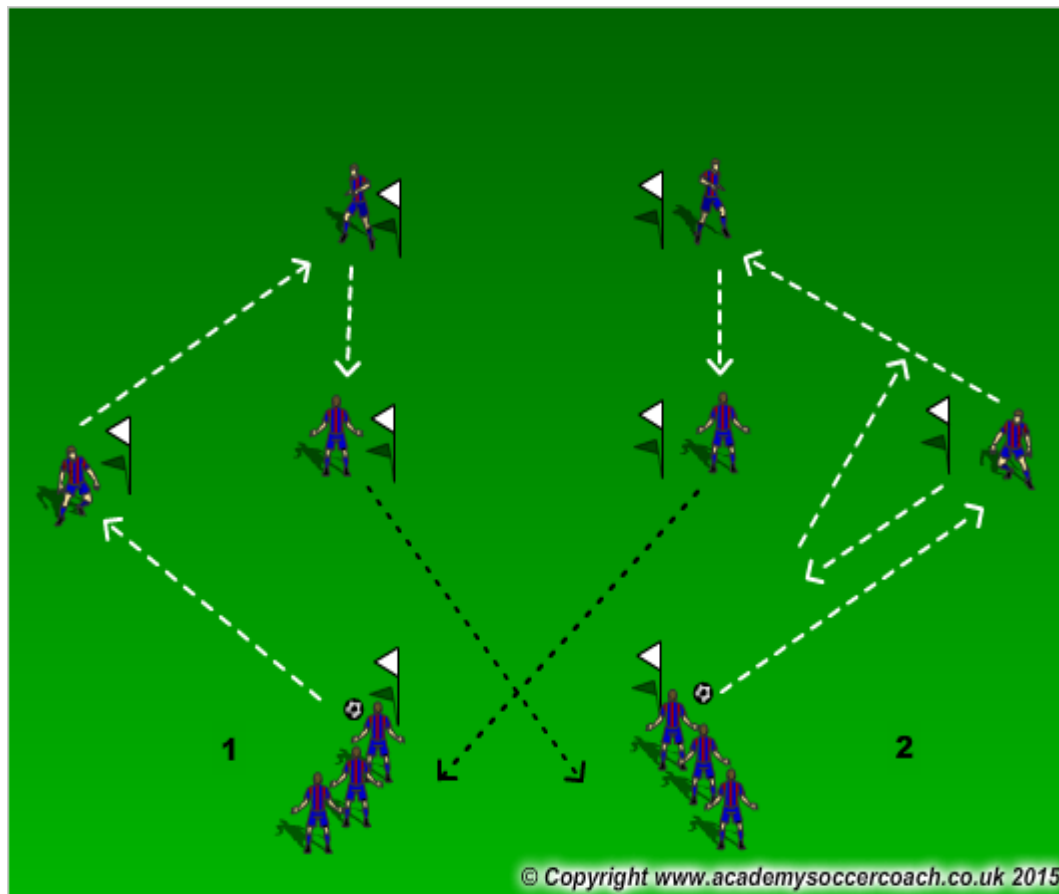


Combining or connecting passes with teammates in a strategic way to eliminate defenders is a necessity for teams to develop.

There are endless ways to combine passes to break down an opponent. We want to introduce 2 and 3 man passing patterns that often occur on the field.

We should again be looking to communicate how our technical passing warm up translates to the in game picture.

PASSING WARM-UP: 2 MAN COMBINATIONS



Area: Set-up 4 cones or flags, approx. 8-10 yards apart. Mirror with two areas.

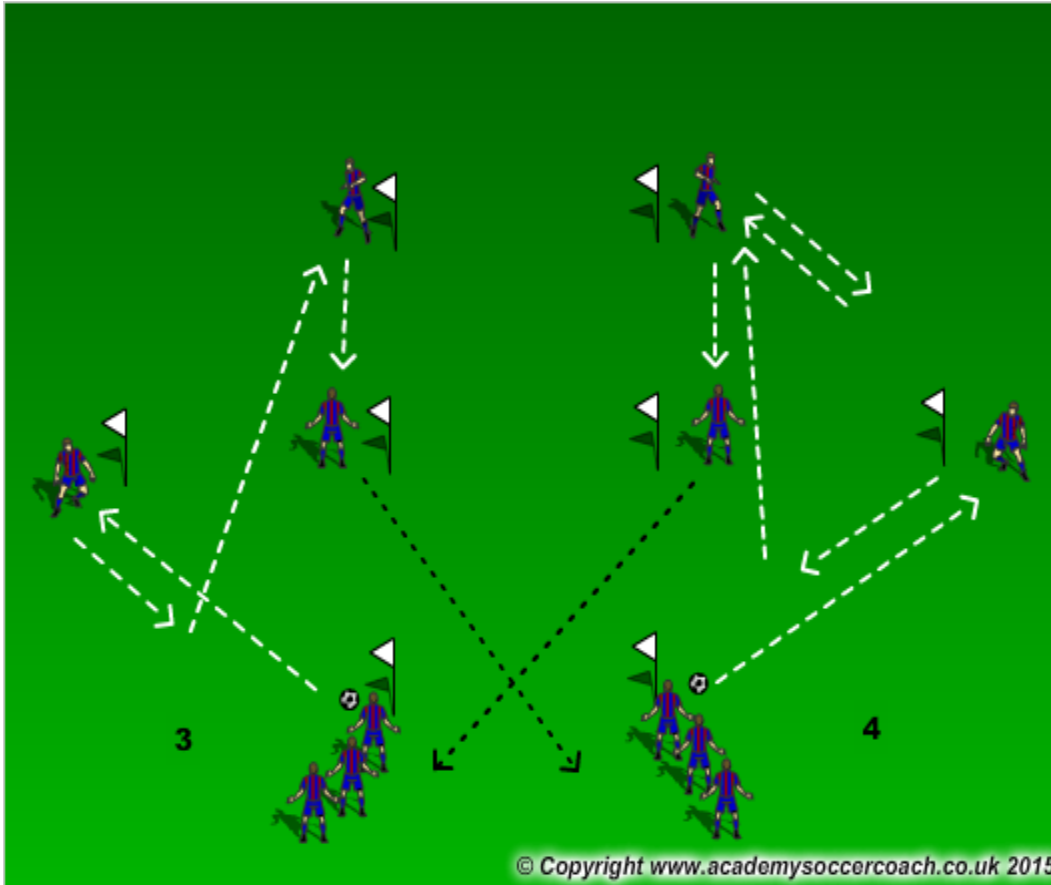
Description: Multiple players on 1st cone/Flag. All with a ball.
1 player each on remaining cones/flags

Phase 1:
Player 1 passes to outside player, player 2 passes to far cone, player 3 passes to inside cone, player 4 dribbles to the back of the opposite line. All players follow their pass.

Phase 2:
Repeat with player 1 and player 2 combining on a give and go.

Coaching Points:
Quality of the pass – zip it in
Movement before and after the pass
First touch in the direction you want to play
Communicate – demand the ball

PASSING WARM-UP: 2-3 MAN COMBINATIONS



Area: Set-up 4 cones or flags, approx. 8-10 yards apart. Mirror with two areas.

Description: Multiple players on 1st cone/Flag. All with a ball.

1 player each on remaining cones/flags

Phase 3:

Player 1 passes to outside player 2, player 2 passes lays the ball back to player 1, player 1 passes to player 3, player 3 passes to player 4, player 4 dribbles to the back of the opposite line. All players follow their pass.

Phase 4:

Repeat with player 2 and player 3 combining on a give and go.

Coaching Points:

Quality of the pass – zip it in

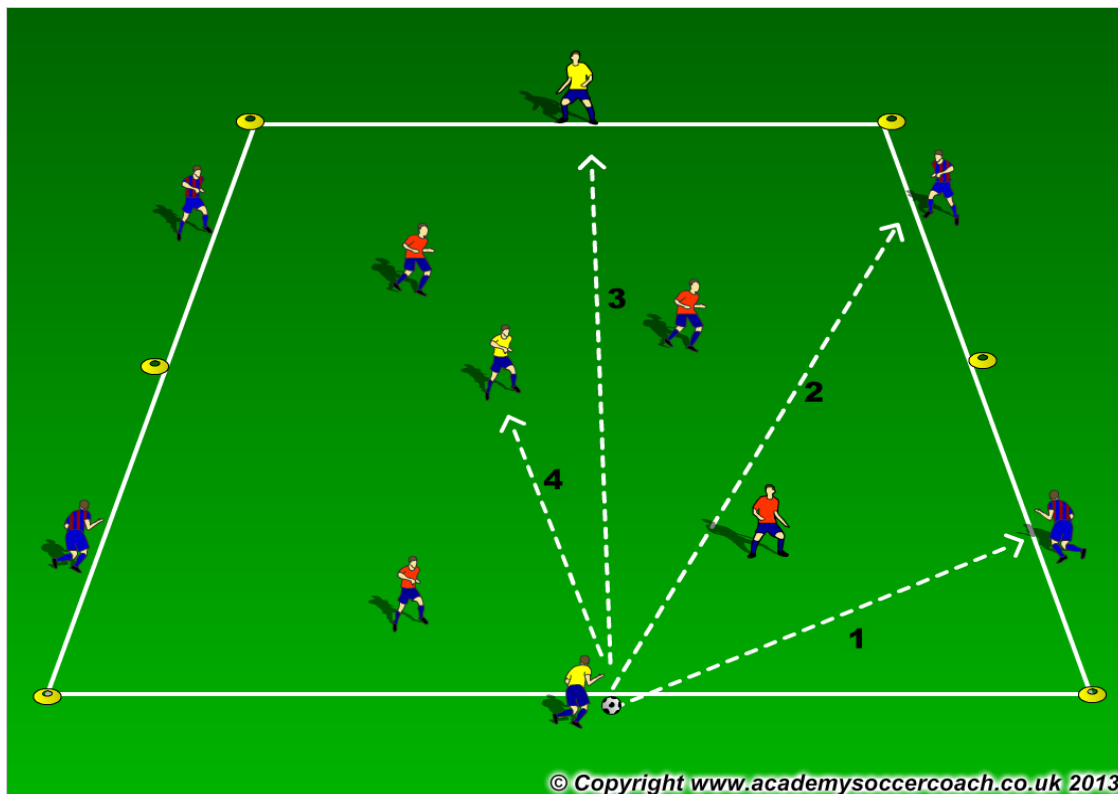
Movement before and after the pass

First touch in the direction you want to play

Communicate – demand the ball

Scan – before the pass comes to you

BREAKING THE LINES OF PLAY: PHASE 1



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4 v 4 + 3 with transition (Playing between lines)

Area: 30 x 20 Grid.

Description: Two touch. Outside players must play/slide along lines. 1 point for moving ball from one neutral (yellow) to opposite neutral on other end of grid. 1 point for every 7-8 passes in a row.

Progression: Add Transitions. When possession is lost, defending team immediately transitions to outside, outside team quickly moves into grid to win ball back (transitions)

Coaching Points:
 Players on outside of game must slide/scan as they move, looking to play between lines to yellows or other teammates. Quick movements/adjustments for team in possession to create angles for killer/splitting passes. Draw defenders towards ball, then quick ball movement to penetrate on other side of grid of through defenders. Instant transition to outside when possession is won (body shape - facing field). Avoid "giving away" passes with eyes and shoulders - disguise by getting quick look before ball arrives. Focus on how good shape (spread out) gives team in possession options. When you get spread out, all you need is a little movement off the ball to create lots of passing options.

6 VS 6 + 6 GAME



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Area: 60x40 Yard Field

Description: Players play 6v6 including goal keepers.

Coaching Points:

Look for early passes into targets and incisive runs into gaps to adjust to shoot.

Balls played wide to flank player - prepare for service into box, - anticipate, time runs, get across defender to meet service.